



# Ananda Mela at Ananda Kanan Spiritual Conference

Ananda Mela has been a blast! A day full of games and fun for everybody on July 4 during the Ananda Marga Spiritual Conference brought everybody to participate joyfully in several competitions. From canoe racing to basketball and volley ball. From egg racing (that for vegetarians has been re-framed as ping pong ball racing) to traditional tug of war the whole Ananda Kanan saw young and elderly all together. Four Teams confronted and after a day of games the first price was shared by two teams . [Here is a video of the tug of war.](#)

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