

AMURT in Nepal: Womens Empowerment



In total 176 participants were provided training on awareness on Gender Based Violence, Legal Education, and Girls Trafficking whilst 77 participants participated in Food Processing Training and 15 participants are enrolled for 3 months tailoring course.



Legal rights workshop in Tekanpur, Sindhupalchok district

Initial work for one stitching centre has been established. Process for selecting the participants for vocational training is on the way. The training program for the women on vegetable is in planning stage and will be implemented during the next rainy season starting in July.

Process of Interaction in community outreach program:

Outreach Program staff have interaction with the community during the community assessment visits and meetings in the target villages. The staff have interactions with the community leaders, school teachers, structured women groups, social workers and local institutions like VDC office, village resource centre, health post, local police post etc. To facilitate the interaction process, we have hired community mobilizers in each VDC since 1st January 2016. These mobilizers help the women groups in their respective areas to organize their monthly meetings, plan to participate in skill training and involve in different income generating activities. The mobilizers are trained on how to interact with the women groups and to support them in empowerment training activities. We also emphasize to promote local resources and production whilst discussing with them.



Participants at girls trafficking awareness session at AMURT field office, Karitok, Sindhupalchok district.

Beneficiaries profile

Most of the families in our target areas are low income families. Their children have receiving benefit from education support program from AMURT. About 85 % families are the victims of the mega earthquake of April and May 2015. Most of them are staying in temporary shelters with difficulties. Most of them have lost their job opportunities. The introduction of hands on skill training to start small scale business has helped them to plan and implement some small business activities. There are some women groups and they are functional. They could be effective in implementing grassroots community level programs and also small business activities.



Women are trained in food processing of pickles and potato chips they are now selling in the local market.

Level of Participation by the stakeholders:

During the interaction program with the focus group, the women discuss about change and improvement in their life situation. They also identify the needs which

included skill training such as food processing, tailoring, soap making, candle making, vegetable cultivation and marketing of the products. Moreover, they asked AMURT to help them to acquire information on legal education, human trafficking, gender based violence and also other useful skill training. AMURT responded to their needs and helped them to organize the training on awareness program and food processing training and basic equipment to one group as requested.



Advanced tailoring workshops in full swing near Kalika Primary school