

# Ananda Kanan Winter Bliss Retreat 2016



The end of the year is a special time to reflect and enter into the New Year with hope and strong spiritual feeling. This time the Ananda Kanan Winter Bliss Retreat gave scope for deep spiritual practices for the participants. We had three Akhanda Kiirtana, four Sadhana Shivar and other spiritual programs during the program that took place from December 28, 2015 to January 2, 2016.



There was flooding in Missouri on December 27 and not possible to enter Ananda Kanan but on Dec 28 the rain stopped and we were able to reach there in the afternoon. There were 12 Margiis attending and 3 Whole Timers.



On December 30, we celebrated together in the evening the 3 years birthday of Anima. On January 1, 2016 there was a workshop/discussion on how to achieve maximum all round progress in individual and spiritual life during the coming year and afternoon brother Sudhiira let a painting workshop in his studio. Overall it was a very enjoyable program with a strong feeling of one spiritual family.

