

# CRIMSON DAWN News & Resources



## **USA**

Dada Kovid participated in a New York City (NYC) event with the South-Indian community in December. About sixty people attended, where Dada gave a talk about meditation.

On the Indian Republic Day, the Republic Day program at the Consulate General of India at Mineola in NYC, Didi Ananda Radhika, Dada Anuadhyanananda and Dada SS Dada represented Ananda Marga and met many prominent and influential people.

At the Swami Narayan temple in NYC, 700 people were invited, and they honoured Dada Kovid and Dada Abhiramanandaji. The Consulate General was also there. Several doctors were presented with the Yogic Treatments and Natural Remedies book.

In NYC, The Chamber of Commerce of Queens was presented with the 2024 AMURT souvenir.

In January, WWD conducted a weekend yoga and meditation workshop and a juice-fasting camp in NYC. Dada lishvarakrsnananda conducted seminar classes in the Sectorial Office.

At Queens College, Ananda Marga offers several weekly yoga and meditation classes and recently participated in the College Fair to promote the classes.



Ananda Marga was represented with a stall at the Boston Republic Day of India event.





Ananda Marga Pracaraka Samgha

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The New Year's Retreat was successfully organized at Ananda Vrati Master Unit with 45 attendees. The highlights of the programs were daily Akhanda Kiirtana and nine hours of Akhanda Kiirtana into the New Year—a total of twenty-four hours of Akhanda Kiirtana plus regular Dharma Cakra and other spiritual programs. The retreat was highly vibrated, and the weather was pleasant, with rain, sun, and snow on the new year.

Classes and workshops included diverse topics of social and spiritual philosophy and discussions on the organizational and personal goals of the Margiis and workers for the year 2024. The Katha Kiirtana, RAWA evening program, reading of New Year's Ananda Vanii, and other spiritual programs were well attended and appreciated.



The New Year's retreat was held at Ananda Vratii.

In the USA, libraries do a lot of outreach programs to vulnerable populations, including unhoused (homeless) people. They contacted many food distribution networks, and AMURT in Washington DC, responded with a weekly supply of sandwiches and fruits, which was much appreciated.



At the Ananda Dhiira Master Unit, participants meditate in a yoga class.

An LFT training was conducted in Lost Altos jagrti in California, and two brothers graduated after spending two months in the ashram-like environment.

In the Los Angeles feeding program, AMURT gave 800 baskets of food in December, about 4 tons.

### Mexico

Didi Siddheshvarii arrived in Mexico and, after a series of public lectures, initiated scores of sisters. They are very much interested to know more about our system of fasting, asana, kaoshikii, meditation, and diet. Some of them already did fasting.



Didi and participants in a public yoga and meditation seminar in Morelia

## Canada

Dada Shiilabhadrananda did two seminar classes in January in Vancouver on two separate days. Following that, Dada went to the Sunshine Coast, where brother Liilamaya plays beautiful Kiirtana at three different venues every week and conducts weekly meditation classes for men at his home, usually attended by up to eighteen brothers.



Dada's class on Biopsychology was attended by 15 students of the Advanced Yoga Course.

# Online Health Conference

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( ANANDA MARGA NEW YORK SECTOR )

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